

MAKE YOUR VOICE HEARD

A Guide to the North Dakota Legislature

HOW THE LEGISLATURE WORKS



47
LEGISLATIVE DISTRICTS

District boundaries change with the U.S. Census

EACH STATE

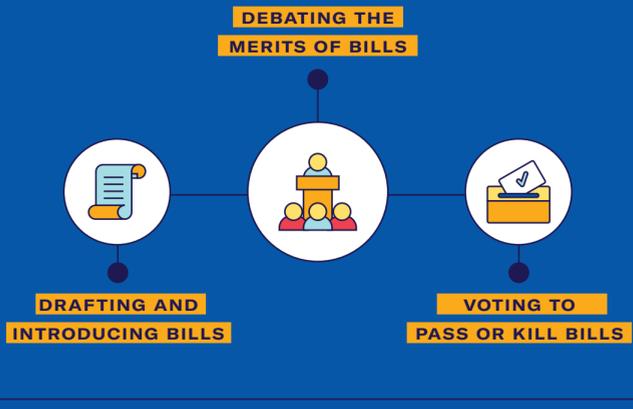
LEGISLATOR MUST BE:

- ✓ a United States citizen,
- ✓ at least 18 years of age on or before the election date,
- ✓ a resident of North Dakota for one year prior to the election,
- ✓ and a qualified elector of the legislative district.



NORTH DAKOTA ELECTS 47 SENATORS AND 94 REPRESENTATIVES

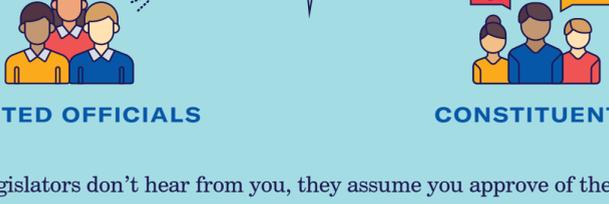
LEGISLATORS ARE RESPONSIBLE FOR



ELECTIONS IN DISTRICTS ARE STAGGERED. HALF THE DISTRICTS HAVE ELECTIONS EVERY 2 YEARS.

ALL LEGISLATORS SERVE 4 YEAR TERMS

LEGISLATIVE ADVOCACY



If legislators don't hear from you, they assume you approve of their actions.

FIRST THINGS FIRST, RESEARCH YOUR LEGISLATOR

WWW.LEGIS.ND.GOV

WAYS TO CONTACT YOUR LEGISLATOR

CALL THEM OR WRITE THEM

- ✓ **TIP 1** Know your district and name of your legislator
- ✓ **TIP 2** Plan out what you will say
- ✓ **TIP 3** Remember to mention the bill number (if there is one) and why you are calling or writing
- ✓ **TIP 4** Make it short and sweet and get to your point quickly
- ✓ **TIP 5** Tell a personal story they can connect to
- ✓ **TIP 6** Problem, solution, action (i.e. "Vote yes on HB xxxx!")

MEET THEM IN PERSON

- STEP ONE** Schedule your meeting
- STEP TWO** Be flexible and patient
- STEP THREE** Prepare and educate yourself and establish a clear goal
- STEP FOUR** Follow up and say thank you!

CONNECT WITH YOUR LEGISLATORS EARLY AND OFTEN

IMPACT YOUR COMMUNITY

WRITE A LETTER TO THE EDITOR

SPREAD THE WORD
Talk with friends and family on social media or in person. Don't be afraid to talk politics, it's important.

WRITE AN OP-ED

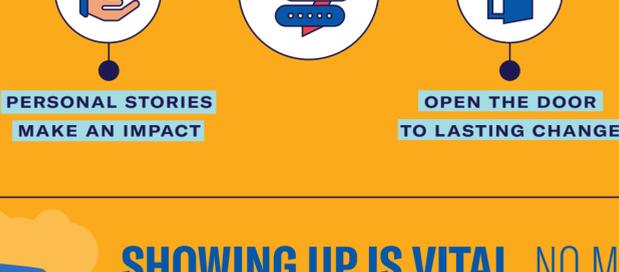
JOIN A CAUSE OR ORGANIZATION

ATTEND LEGISLATIVE SPONSORED EVENTS

PUBLIC MARCH OR PROTEST

WHY IS SHARING YOUR STORY IMPORTANT?

START IMPORTANT CONVERSATIONS



SHOWING UP IS VITAL. NO MATTER HOW YOU DO IT.

Your efforts, stories, and voices are what will chip away at the boulder of inequality.