

The way we talk about abortion can make a big difference.

Talking about abortion isn't always easy. But if we want to change the political landscape and take back our rights, that's got to change.

Here are five ways to start effective conversations about abortion in your community:

- 01** Ask people what they think about abortion and listen nonjudgementally.
- 02** Find the common ground in their views and values.
- 03** Share a story that addresses those values.
- 04** Engage with their initial concerns and get them thinking.
- 05** Connect back to abortion access.

LEARN MORE, SHARE MORE

Share this flyer with your friends to help spark conversations across the state.

Scan the QR code below or visit aclund.org/talk-about-abortion-rights for more information.



We know certain points make sense as a way to frame our conversations for North Dakotans of all walks of life. Here are a few of them:

- **“People should have the freedom to decide if and when to have children”** This a way to frame the ability to access abortion as well as all other forms of reproductive health care.
- **“Whether we personally agree with abortion or not, these deeply personal decisions should be made in consultation with doctors and families.”** We should all be able to make decisions for ourselves, and the government shouldn't be involved in our family planning decisions.
- **“When someone decides to have an abortion, it should be safe. Abortion care should be regulated by medical experts, not by politicians.”** Keeping the politics out of doctors' offices and out of personal medical decisions is something many North Dakotans agree with.
- **“Government regulations don't keep abortions from happening, they just make them harder to get for people whose lives are already hard.”** This isn't just about having a theoretical choice, we need to ensure real access to reproductive health care.

